



## Disclosure Statement

**Psychologist:** Gary Seeman, Ph.D.

**Office Fees:** Payment is expected at the time of service. Charges for therapy are based on the allowable rate from the insurance carrier, and vary greatly. If you have a deductible to meet or co-insurance, please ask for an insurance benefit check to determine your financial responsibility. Otherwise, you may be charged based on the highest allowable rate and potentially incur a credit. I prefer keeping your balance owing at zero to save administrative costs. Cash pay rates are negotiated with Dr. Seeman at the first appointment or prior. Session length is from 45 – 60 minutes.

**Therapy Services Offered for Adults 18 and Over and Seniors, Age 65+:** Individual, family and group therapy and EMDR\* to address anxiety and mood disorders, posttraumatic stress disorder, life transitions, relationship issues, bereavement, and spiritual or religious problems. Dr. Seeman does not provide therapy with children but can refer to other providers who perform that service. \*EMDR = Eye Movement Desensitization and Reprocessing, an evidence-based trauma therapy.

**Education:** BS, 1973, University of Pennsylvania; MA, 1981, Antioch University San Francisco; PhD, 2001, Pacifica Graduate Institute.

**Experience:** 16 months individual and group therapy in adult chemical dependency treatment residence at Center Point, Inc., San Rafael, CA; 10 months individual therapy at Santa Rosa Junior College Student Psychological Services, Santa Rosa, CA; 1 year postdoctoral fellowship providing individual and group therapy and psychological evaluation to adults at Kaiser Permanente Psychiatric Services, San Rafael, CA; 1 year psychological assistantship with Ann Bernhardt, Ph.D., providing individual and couples therapy to adults and seniors; Mill Valley, CA. Private practice psychologist since 2003. Psychologist at Western Psychological and Counseling Services, PC, Vancouver, WA from January to October, 2015. Returned to private exclusively practice on September 1, 2015.

**Psychologist Licensure:** Psychologists practicing for a fee must be licensed with the Department of Licensing for the protection of the public health and safety. Licensure ensures that the psychologist has a doctoral degree from an accredited graduate school and has passed written exams given by the Washington State Examining Board of Psychology. You may report any concern you have to: Dept. of Health, Examining Board of Psychology, P.O. Box 47868, Olympia, WA 98504-7868.

Any concern you have should be brought up immediately with Dr. Seeman.

My signature below acknowledges that I have read and understood this document, have had an opportunity to ask questions, and have received a copy for my records.

Client Signature: \_\_\_\_\_ Date: \_\_\_\_\_

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